# Fire department fights ... carcinogens

Laundry equipment helps remove cancercausing agents from firefighting gear

# BY MATT POE, EDITOR

LUGOFF, S.C. — Being a firefighter is a dangerous job.

Fire, smoke, other noxious fumes—there are many hazards these front-line individuals face.

Most people, however, wouldn't think that a firefighter's gear could be a hazard, but it can be and it is.

The gear needs to be laundered properly to remove carcinogens. The Lugoff, S.C., Fire Department learned about this potential health hazard and did something about it.

American Laundry News spent some time with Chief Dennis Ray to talk about the department's recently purchased laundry equipment to help combat carcinogens in the gear.

In fall 2016, the Lugoff Fire Department bought new laundry equipment. Tell us about the new equipment and how it's working for you.

Ray: We purchased a UniMac<sup>®</sup> 45-pound washer-extractor and the UniMac drying cabinet. Our main reason for purchasing the equipment was to quickly and efficiently decontaminate all of our firefighting gear to get it back in service as quickly as possible.

This is by far the quickest, most efficient way to decontaminate firefighting gear following an incident or fire. Previously, we would send our gear out to other departments to be cleaned, and it would take three to four days. Now it takes five to six hours for the gear to be decontaminated.

Our mission, and what we are trying to accomplish, is that firefighters will never need to put contaminated gear back on their body

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Firefighters face carcinogens not just at a fire but even on their own gear. (Photos: Lugoff Fire Department)



The Lugoff Fire Department had to send out its gear to be washed until it received a grant to purchase its own washer-extractor.

## after a fire or incident.

We understand there were many reasons for the upgrade, but the overarching theme was reducing carcinogens in firefighters' gear. How did you learn about the carcinogens?

Ray: The South Carolina Firefighters Association launched a cancer awareness campaign throughout South Carolina. The campaign helps to raise awareness of all the contributing factors to cancer cases in firefighters, not only in the state, but throughout the nation. It brings out variables we can address as fire chiefs to minimize our firefighters' exposure to cancer-causing agents, which in our business are everywhere.

A lot of people think it is just the smoke that is the biggest cancercausing substance, and that is very important, but it is basically all of the by-products of fire and combustion that are exposing our firefighters to numerous carcinogens. The contamination on the turnout gear eventually absorbs into the skin.

Even if we do everything right by wearing the proper breathing apparatus and turnout gear, firefighters are still exposed to dangerous carcinogens through the by-products of combustion absorbing into our skin. One of the most recommended ways to protect the firefighters is to decontaminate gear immediately, or as soon as possible, after an incident. Before we had the equipment, we did not have this capability. We had to send our gear out to other departments to be cleaned.

You used a grant to purchase the new equipment. How did you learn about the grant and what was the approval process like?

Ray: This particular grant was a local grant in Kershaw County in South Carolina through a Help Foundation. The grant was advertised through many avenues, primarily through the local newspaper, which is where I learned about it. The grant was to provide funding for health-related deficiencies in agencies. Knowing about the South Carolina Firefighters Association

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The department's new dryer cabinet allows it to dry fire hoses inside the station.

awareness campaign and cancer in the fire industry, I thought this would be a great opportunity.

We needed to fill out an application for the grant, providing a narrative reasoning for why the equipment was needed and how it is related to healthcare and health related issues. I also gave a 20-minute presentation in front of the grant panel, who evaluated and scored all of the different grant applications and presentations.

We were very fortunate to receive the grant, and they awarded us 100% of our grant request. With the grant, we were able to pay for the equipment in full, the cleaning agents used, and some wiring and plumbing work that needed to be done in order to install and operate the equipment. The grant fully paid for everything we needed for our equipment to be in service as it is today.

We are always looking for grant opportunities and continue to look for them to supplement our tax income. We are fully tax-based and the tax money keeps the firehouse open and operating, but we can be limited and need to be creative to find funding opportunities to meet a lot of the additional needs.

Besides reducing carcinogens, what other benefits have you seen from the new laundry equipment? What other laundry do you use it for?

Ray: The equipment is used

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### Publisher

Charles Thompson Phone: 312-361-1680 E-Mail: cthompson@ ATMags.com

Editorial Director Bruce Beggs Phone: 312-361-1683 E-Mail: bbeggs@

E-Mail: bbeggs@ ATMags.com **Editor** 

Matt Poe Phone: 231-740-2842 E-Mail: mpoe@ ATMags.com

### Digital Media Director Nathan Frerichs

Phone: 312-361-1681 E-Mail: nfrerichs@ ATMags.com

Advisory Board Jim Buik • Richard Griffin Greg Gurtler • Phil Hart Janice Larson • Tom Marks Gerard O'Neill Richard Warren

> Production Manager Roger Napiwocki

National Sales Director Donald Feinstein Phone: 312-361-1682 E-Mail: dfeinstein@ ATMags.com

Main Phone: 312-361-1700 Fax: 312-361-1685

### **Subscriptions** 630-739-0900 x100

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www.americanlaundrynews.com

American Laundry News (ISSN 1091-9201) is published monthly. Subscription prices, payment in advance: U.S. 1 year \$46.00; 2 years \$92.00. Foreign, 1 year \$109.00; 2 years \$218.00. Single copies: U.S. \$9.00; Foreign \$18.00. Published by American Trade Magazines LLC, 566 West Lake Street, Suite 420, Chicago, IL 60661. Periodicals postage paid at Chicago, IL, and at additional mailing offices.

POSTMASTER, Send changes of address and form 3579 to American Laundry News, Subscription Dept, 440 Quadrangle Drive, Suite E, Bolingbrook, IL 60440. Volume 43, number 1. Editorial, executive and advertising offices are at 566 West Lake Street, Suite 420, Chicago, IL 60661. Charles Thompson, President and Publisher. American Laundry News is distributed selectively to qualified laundry and linen management and distributors in the United States.

ment and distributors in the United States. © Copyright AMERICAN TRADE MAGAZINES LLC, 2017. Printed in U.S.A. No part of this publication may be transmitted or reproduced in any form, electronic or mechanical, without written permission from the publisher or his representative. American Laundry News does not endorse, recommend or guarantee any article, product, service or information found within. Opinions expressed are those of the writers and do not necessarily reflect the views of American Laundry News or its staff. While precautions have been taken to ensure the accuracy of the magazine's contents at time of publication, neither the editors, publishers nor its agents can accept responsibility for damages or injury which may arise therefrom.

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